

What to Bring

- A Clean Judo Uniform
(loaners available)
- Comfortable Running Shoes
(not sandals or flip flops)
- A change of clothes
- Water Bottle

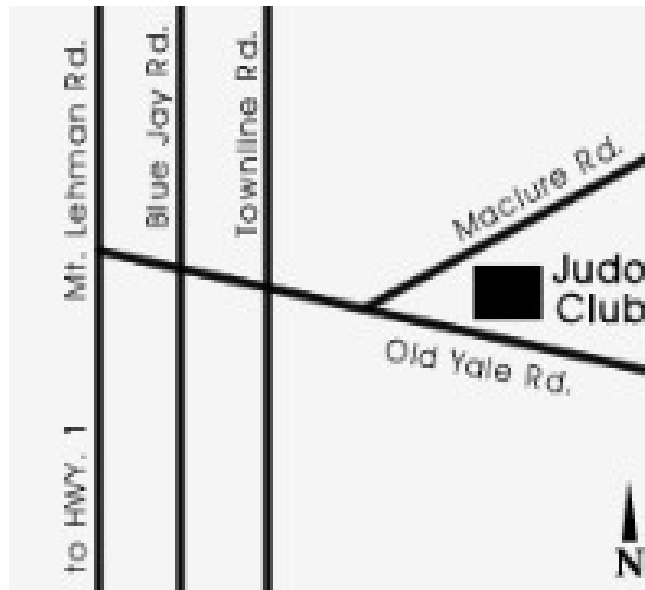
We will provide a small Snack for each camper, any additional or special snacks should be packed.

If you have any questions, please contact us.
604-852-8014
abbotsfordjudo@hotmail.com

We look forward to seeing you this summer!



31410 Maclure Road,
Abbotsford, BC. V2T 5G6
At the corner of Old Yale &
Maclure Road.



Abbotsford Judo Club

SUMMER FUN DAYCAMP



*"Fun times, Fitness and
Fantastic Friends.
Week long half-day summer camps.*

To Register please call us at
(604) 852 - 8014

Abbotsford Judo Club

SUMMER FUN DAY CAMP

What we offer:

Half-day camps, packed full of fun activities for our happy campers.

Beginner camps for those interested in trying out Judo for a week.

Intermediate Camps for those who are ready to take their Judo to the next level.

A great blend of fitness and fun, a chance to meet new friends, and stay in shape throughout the summer.

For the Beginners:

Ages 7-12

Fun Focused, Fitness oriented Judo and related activities. This is a wonderful introduction to Judo and is also a great way to keep your children involved with Judo during the summer months.

The Intermediate Camp

Ages 8 +

Serious training for the competitive student. Tactics and strategies and to give you the winning edge. One year of Judo experience required.

Staff are CPR Certified. Our instructors are NCCP nationally certified Coaches.

Registration Info

Beginner Weeks

July 12th - 16th

July 26th - 30th

August 16th - 20th

Intermediate Weeks

July 19th - 23rd

August 9th - 13th

August 23rd - 27th

*All Camps Run Mon.- Fri.
Drop off 1pm, Pickup 5pm*

*Register at the Abbotsford
Judo Club between 3pm-7pm
weekdays.*

*Cost is \$150 for the first week
\$100 for each additional week*